

THE FLYING BISCUIT BREAKFAST*

BREAKFAST ALL DAY

We will gladly substitute oven-roasted "moon dusted" potatoes, creamy dreamy grits, or fresh fruit. We will be happy to substitute egg whites for an additional .89

BREAKFAST FAVORITES

EGG-STRAVAGANZA*

Two eggs served with our chicken sausage, bacon, creamy dreamy grits, plus whole wheat French toast topped with raspberry sauce and honey cr me anglaise. 10.99

THE HIGH FLYER*

Two eggs served with our chicken sausage, creamy dreamy grits, plus an organic oatmeal pancake topped with warm peach compote. 10.99

GF FLAT IRON STEAK AND EGGS*

Flat iron steak grilled to medium rare, served with two eggs and creamy dreamy grits. 12.99

BISCUIT, EGGS AND GRAVY*

Split biscuit topped with two scrambled eggs, smothered with chicken sausage gravy, served with creamy dreamy grits. 9.49

GF BACON AND EGGS BREAKFAST*

Two eggs served with bacon and creamy dreamy grits. 8.99

GF EGG-STRAORDINARY BREAKFAST*

Two eggs, creamy dreamy grits, and oven-roasted "moon dusted" potatoes. 7.99

GF FAMOUS FLYING BISCUIT BREAKFAST*

Two eggs served with our signature chicken sausage and creamy dreamy grits. 8.99

ACAI SUPER BOWL

Acai blended and topped with blueberries, strawberries, banana, granola, walnuts, shaved coconut, and chia seeds. 9.99

SCRAMBLES

GF SMOKED SALMON SCRAMBLE*

Three eggs scrambled with wood-smoked salmon and dill cream cheese, served with creamy dreamy grits. 10.29

GF GARDEN FRESH VEGGIE SCRAMBLE*

Three eggs scrambled with white cheddar cheese, onions, red and green peppers, spinach, and mushrooms, served with fresh fruit. 8.99

GF SOUTHERN SCRAMBLE*

Three eggs scrambled with bacon, spicy collard greens, onions, and cheddar cheese, served with creamy dreamy grits. 9.29

GF VEGAN TOFU SCRAMBLE

Tamari-marinated tofu scrambled with red and green peppers, onions, spinach, and mushrooms, served with fresh fruit. 7.99

BENEDICTS

CRAB CAKE BENEDICT*

An English muffin topped with homemade lump crab cakes, two over medium eggs, and hollandaise, served with creamy dreamy grits. 12.49

CLASSIC BENEDICT*

An English muffin topped with Canadian bacon, two over medium eggs, and hollandaise, served with creamy dreamy grits. 9.29

COUNTRY EGGS BENEDICT*

Split biscuit topped with two chicken sausage patties, two over medium eggs, smothered with chicken sausage gravy, served with creamy dreamy grits. 9.99

SOUTHERN STYLE BISCUIT BENEDICT*

Split biscuit topped with pimiento cheese, two over medium eggs, bacon, hollandaise, and basil, served with creamy dreamy grits. 9.99

GF Gluten Free (Excluding the biscuit)

*These items may be served raw or undercooked. Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness.

EGG-STRAVAGANZA*



OMELETTES

GF PIEDMONT OMELETTE*

Three eggs, chicken sausage, bacon, saut ed onions, and cheddar cheese, served with creamy dreamy grits. 9.99

GF CLIFTON OMELETTE*

Three eggs stuffed with goat cheese and mushrooms, topped with warm tomato coulis and basil, served with creamy dreamy grits. 9.49

GF HOLLYWOOD OMELETTE*

Egg whites, spinach, mushrooms, and white cheddar cheese topped with warm tomato coulis, served with fresh fruit. 9.99

FEATURED SPECIALITIES

GF EGG-CEPTIONAL EGGS*

Two over medium eggs on black bean cakes, topped with oven-roasted tomatillo salsa, feta cheese, and sour cream, served with creamy dreamy grits. 8.79

GF CHORIZO HASH*

Chicken chorizo, breakfast potatoes, red and green peppers, onions, and cheddar cheese, topped with two over medium eggs, cilantro, and tomatillo salsa. 9.99

BREAKFAST BOWL*

Two oven fried green tomatoes, turkey bacon, and two over medium eggs, served atop a bowl of creamy dreamy grits and topped with warm red salsa. 9.99

MEGGXICAN WRAP*

Spicy scramble of eggs, cheddar cheese, onions, and serrano peppers wrapped in a flour tortilla, topped with warm tomato salsa and a dollop of sour cream, served with creamy dreamy grits. (Substitute tofu at no extra charge). 9.29

CALIFORNIA DREAMER*

Thick sliced whole wheat toast topped with fresh smashed avocado, drizzled with EVOO, sprinkled with sea salt and diced tomatoes, served with two eggs and fresh fruit. 9.29

TURKEY HASH*

Two over medium eggs topped with cheddar cheese, served over slow-roasted turkey pot roast and oven-roasted "moon dusted" potatoes. 9.99

We will gladly substitute oven-roasted "moon dusted" potatoes, creamy dreamy grits, or fresh fruit. We will be happy to substitute egg whites for an additional .89



ORGANIC OATMEAL PANCAKES

HOT OFF THE GRIDDLE

HEAVENLY FRENCH TOAST*

Two thick-slices of whole wheat bread dipped in our signature batter, topped with raspberry sauce and honey cr me anglaise. 6.99 half order 3.99

BUTTERMILK PANCAKES

Three cakes served with pancake syrup. 7.99
Two cakes 5.99 One pancake 3.29

ORGANIC OATMEAL PANCAKES

Three cakes topped with warm peach compote. 7.99
Two cakes 5.99 One pancake 3.29

Sweeten your stack by adding chocolate chips, blueberries, strawberries, or mixed berries .79 per topping

LUNCH

STARTERS

OVEN FRIED GREEN TOMATOES

Dredged in seasoned cornmeal, topped with cashew-jalape o relish and goat cheese 6.99

GF SIDE OF LOVE

Two black bean cakes topped with tomatillo salsa, sour cream, feta cheese, and red onions. 5.49

NOT YOUR MAMA'S PIMIENTO CHEESE

A fresh spin on a Southern classic with fresh basil, diced tomatoes, feta cheese, and serrano peppers, served with grilled pita bread. 4.99

SPICY SHRIMP QUESADILLA

Saut ed shrimp, white cheddar cheese, serrano peppers, and basil sandwiched in a flour tortilla. 6.99

SIGNATURE SALADS

GF VERY BERRY CHICKEN SALAD

Grilled chicken, fresh strawberries, candied walnuts, dried cranberries, feta cheese on a bed of organic field greens tossed in our homemade raspberry vinaigrette dressing. 9.99

GF WARM CHICKEN SALAD

Grilled chicken breast, oven-roasted "moon dusted" potatoes, and crumbled bleu cheese on a bed of organic field greens tossed with homemade balsamic vinaigrette. 9.59

OVEN FRIED BLT SALAD

Oven fried green tomatoes, crisp turkey bacon, cashew-jalapeno relish, and goat cheese on a bed of organic field greens tossed with homemade balsamic vinaigrette. 8.99

GF COCA-COLA BBQ GLAZED SALMON SALAD*

Pan saut ed salmon filet cooked to medium, oven-roasted "moon dusted" potatoes, red onion and feta cheese on a bed of organic field greens tossed with homemade balsamic vinaigrette. 12.99

GF FRIED EGG SALAD*

Two over medium eggs, oven-roasted "moon dusted" potatoes and crisp turkey bacon on a bed of organic field greens tossed with homemade balsamic vinaigrette and drizzled with chipotle aioli. 8.59

GF TOFU AND TATER SALAD

Tamari-marinated tofu and oven-roasted "moon-dusted" potatoes, topped with feta cheese and red onion spears, on a bed of organic field greens tossed with homemade balsamic vinaigrette. 8.59

SANDWICHES

All sandwiches served on a whole wheat bun or ciabatta roll with choice of one side.

OVEN FRIED GREEN TOMATO BLT

Crisp turkey bacon, fried green tomatoes, lettuce, cashew-jalape o relish, and goat cheese. 8.49

OMAHA NATURAL BURGER*

1/2 lb of ground beef, grilled to order and topped with lettuce, tomato and pickle chips. 8.99 (add cheese .79)

BACON AND CHEDDAR CHICKEN SANDWICH

Crisp turkey bacon and cheddar cheese on a grilled chicken breast with lettuce, tomato, and chipotle mayo. 8.79

WAKE-UP BURGER*

1/2 lb of ground beef, topped with bacon, fried egg, cheddar cheese, and avocado. 9.99

COCA-COLA BBQ CHICKEN BURRITO

BBQ chicken, collard greens, sweet onions, red and green peppers, and cheddar cheese wrapped in a sun-dried tomato tortilla, topped with red salsa and sour cream. 8.99

SOUTHERN COMFORT BURGER*

1/2 lb of ground beef, topped with an oven fried green tomato, pimiento cheese, and bacon. 9.99

THE FRIED EGG SANDWICH*

Crisp turkey bacon, two fried eggs, cheddar cheese, lettuce, tomato, and tamari mayo. 7.99

TURKEY BURGER WITH CHEESE AND BACON

Seasoned grilled turkey burger, topped with cheddar cheese, turkey bacon, lettuce, and tomato. 8.49

NOT YOUR MAMA'S PIMIENTO CHEESE SANDWICH

A fresh spin on a Southern Classic with fresh basil, diced tomatoes, feta cheese, and serrano peppers, topped with turkey bacon, lettuce, and tomato. 7.99

VEGGIE DEVIL BURGER

Spicy and hot! Veggie and grain patty topped with feta cheese, red onions, chipotle mayo, lettuce, and tomato. 7.99

CHICKEN CLUB WRAP

Grilled chicken breast, crisp turkey bacon, cheddar cheese, lettuce, tomato, and chipotle mayo, wrapped in a sun-dried tomato tortilla. 8.79

VEGAN BBQ BURRITO

BBQ tofu, collard greens, and mushrooms, wrapped in a sun-dried tomato tortilla, topped with salsa verde (for those not so vegan, sour cream available upon request). 8.49

VERY BERRY CHICKEN WRAP

Grilled chicken, strawberries, feta cheese, candied walnuts, dried cranberries, and organic field greens tossed in homemade raspberry vinaigrette, wrapped in a spinach tortilla. 8.99

PHOTO: A. Terminus

SHRIMP AND GRITS*



FEATURED FAVORITES

Served with a fluffy flying biscuit

GF AWARD WINNING SHRIMP AND GRITS

Creamy dreamy white cheddar grits, topped with blackened shrimp and roasted red pepper tomato sauce. 12.99

GF LOVE CAKES

Three black bean and cornmeal cakes, topped with tomatillo salsa, sour cream, feta cheese, and red onion spears, served with a side salad. 7.99

GF COCA-COLA BBQ GLAZED SALMON*

Pan-sautéed salmon lightly glazed and cooked to medium, served with mashed potatoes and green beans. 12.99

OVEN FRIED CHICKEN

Herb-crusted chicken breast, grilled macaroni and cheese, and spicy collard greens. 9.99

TURKEY POT ROAST

Slow roasted and hand pulled with brown gravy, served over mashed potatoes and green beans. 9.99

GF FLAT IRON STEAK*

Grilled to medium rare, topped with sautéed mushrooms and served with mashed potatoes and green beans. 13.99

BISCUIT POT PIE

Creamed chicken, carrots, celery, onions, potatoes, and peas. A modern twist on an old Southern classic. 9.49

SIDES

FLUFFY FLYING BISCUIT with Cranberry Apple Butter 1.39 (Take home a dozen! 12.99)

GF SIGNATURE CHICKEN SAUSAGE PATTIES 3.29

GRILLED MACARONI AND CHEESE 2.99

GF APPLEWOOD SMOKED PORK BACON - 3 strips 3.29

GF SPICY COLLARD GREENS 2.99

GF TURKEY BACON - 3 strips 3.29

GF SAUTÉED GREEN BEANS 2.99

CHICKEN SAUSAGE GRAVY 1.99

GF GARLIC AND BASIL MASHED POTATOES 2.99

MORNINGSTAR FARMS SOYSAGE 3.29

GF TOSSED SIDE SALAD 2.99

GF OVEN-ROASTED "MOON DUSTED" POTATOES 2.99

OATMEAL served with brown sugar and seasonal fruit. 4.59

GF FRESH FRUIT CUP 2.99

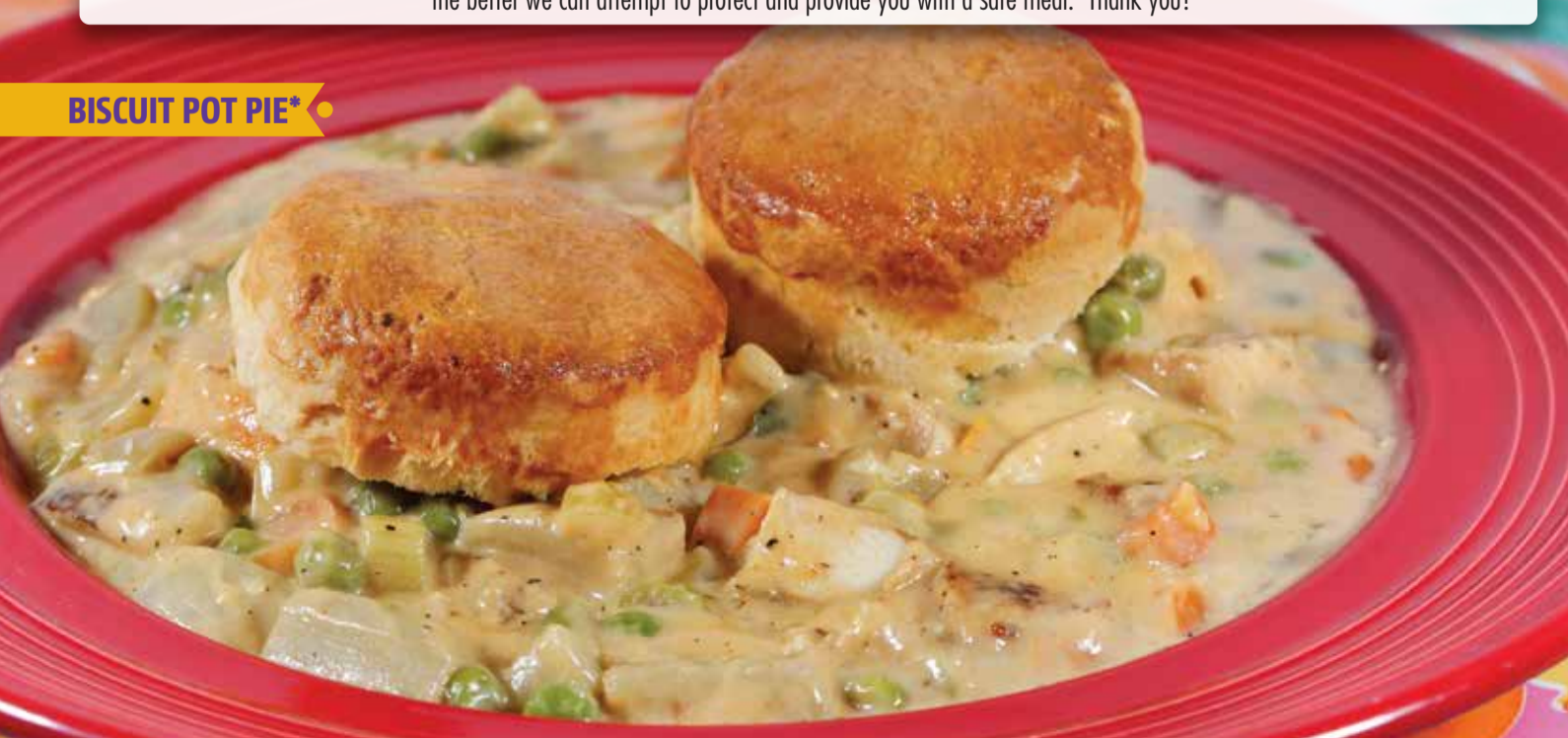
YOGURT PARFAIT with fresh fruit. 3.99

GF GRITS Award-winning creamy dreamy grits. 2.99

GF Gluten Free (Excluding the biscuit)

When placing your order at The Flying Biscuit Café, please alert the manager on duty to any food allergy or sensitivity. We will then try our best to avoid any accidental cross-contact, but can offer no guarantee and accept no liability. The more information relating to your specific needs you can provide, the better we can attempt to protect and provide you with a safe meal. Thank you!

BISCUIT POT PIE*



BEVERAGES

All espresso drinks are made with an honest double shot!

COFFEE 2.59 Bottomless cup
Flavor shots .50 • Soy milk .29

HOT CHOCOLATE 2.99

MILK OR SOY MILK 2.99

ESPRESSO 2.79

HOT HERBAL TEA 1.99

FRESH OJ SM 2.49 LG 3.49

MOCHA 3.99

SWEET TEA AND NOT SWEET TEA 2.29

APPLE, GRAPEFRUIT OR CRANBERRY JUICE 2.49

LATTE & CAPPUCINO 3.79

ESPRESSO STOUT Guinness with a shot of espresso (participating locations dine in only – must be 21!)

PEACH OR MANGO NECTAR 2.59

SLEDGEHAMMER 5.99

4 shots espresso with steamed half and half

FOUNTAIN DRINKS 2.29

SAN PELLEGRINO 2.79 Sparkling water

COLD BREWED COFFEE 3.49
H C Valentine Aztec organic

Proudly Serving Coca-Cola Products!



CHAI LATTE OR ICED CHAI 2.99

DASANI BOTTLED WATER 1.79



JUICES 4.99

Fresh-pressed, organic

KALE ME HOME

Orange, fuji apple, celery, kale, ginger, honey

ROADRUNNER

Kale, carrot, cucumber, celery, fuji apple, ginger

RISE & SHINE

Pineapple, cucumber, kale, ginger, honey

SMOOTHIES 3.99

SUPER BERRY

Acai berry, blueberry, raspberry, strawberry, banana

TROPICAL BREEZE

Strawberry, pineapple, mango

AROUND THE WORLD

Mango, pineapple, blueberry, strawberry, banana

STRAWBERRY SPLASH

Strawberry, banana

DESSERTS 3.99

CHOCOLATE "BISCUIT" BREAD PUDDING served warm with vanilla cream sauce



GEORGIA PEACHES-N-CREAM

biscuit shortbread topped with brown sugar peaches, raspberry sauce and cream

EVERYONE LOVES OUR GIFT CARDS



CRANBERRY APPLE BUTTER 4.99



20TH ANNIVERSARY COOKBOOK 14.99



FLYING BISCUIT TRAVEL MUG 9.95



Breakfast, Brunch & Lunch served all day, every day

flyingbiscuit.com