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SWEET TREATS

Fresh Baked Cookies

an assortment of cookies

serves 15-20

Bread Pudding- rich and decadent, served with our house made honey crème anglaise

serves 15-20

BEVERAGES

Fresh Brewed Coffee (serves 8-10)

Sweet or Unsweet Tea (serves 8-10)

Gallon of Lemonade (serves 8-10)

Gallon of OJ

Bottled Water

Coca Cola Beverages

Assorted Fruit Juices

Delivery minimums may apply.

Flying Bisquit

call us for all of your catering needs!

- power breakfasts
- office meetings
- corporate luncheons
- weddings
- parties
- special occasions ...and more!

event space available!





breakfast lunch & dinner!



BREAKFAST/BRUNCH

Flying Biscuit Power Breakfast

Large farm-fresh eggs scrambled, chicken breakfast sausage, crisp turkey bacon, creamy dreamy southern style grits, oven roasted rosemary potatoes, and fluffy Flying Biscuits with our famous cranberry apple butter. Served buffet style (min. 10 people)

Power Breakfast with Whole Wheat French Toast

Our Power Breakfast with thick sliced whole wheat French toast. served with raspberry sauce and honey crème anglaise. Syrup available upon request. Served buffet style. (min. 10 people)

Power Breakfast with Organic Oatmeal Pancakes

Our Power Breakfast with organic oatmeal pancakes served with warm peach compote. Syrup available upon request. Served buffet style. (min. 10 people)



BREAKFAST TRAYS

Breakfast Sandwich Tray

Assortment of these Flying Biscuit sandwiches...

- Egg & Cheese Biscuit
- Chicken Breakfast Sausage, Egg & Cheese Biscuit
- Turkey Bacon, Egg & Cheese Biscuit Soysage available upon request

Assorted Continental Tray

An assortment of our fresh baked muffins... organic oatmeal and blueberry, carrot, banana & nut, bran, chocolate chip and flying biscuits with cranberry apple butter.

Available in small, medium and large

Seasonal Fresh Fruit Tray

Available in small and large

Organic Oatmeal Pancake Tray

Served with peach compote and syrup.

Heavenly French Toast Tray

Thick sliced whole wheat bread served with raspberry sauce and honey crème anglaise.

HOT LUNCH & DINNER BUFFETS

Buffets include a mixed field green salad with balsamic vinaigrette dressing and fluffy flying biscuits with cranberry apple abutter. Order a variety for a full buffet. Minimum 10 people.

Turkey Pot Roast

Slow roasted and hand pulled with brown gravy served with garlic mashed potatoes and green beans.

Oven Fried Chicken

Panko breaded boneless chicken breasts roasted until golden brown, with pan griddled maccaroni and cheese & green beans.

Homemade Turkey Meatloaf

Thick sliced and topped with melted cheddar cheese and served with garlic mashed potatoes and green beans.

Award Winning Shrimp & Grits

Blackened shrimp, tossed with our house made rustic tomato sauce on our Creamy Dreamy grits.

Biscuit Chicken Pot Pie

Creamed chicken, carrots, celery, onions, potatoes and peas. A modern twist on an old Southern Classic.

HEAVENLY ADDITIONS

Chicken Sausage, Crisp Turkey Bacon or **Applewood Smoked Pork Bacon**

Creamy Dreamy Grits

Buffet Style feeds 15-20

Oven Roasted "Moon Dusted" Potatoes Buffet Style feeds 15-20

Biscuit Tray

Served with famous cranberry apple butter.

Yogurt Parfait with Granola and Fresh Fruit

Chicken Sausage Gravy (don't forget the biscuits)

Buffet Style feeds 15-20

Love Cakes

A Flying Biscuit favorite. Black bean and cornmeal cakes, sautéed and topped with a tomatillo salsa, feta cheese, red onion and sour cream. Served buffet style.

A baked egg dish made with layers of hearty ingredients.

Bacon Strata...Turkey bacon, tomato, red onion, cheddar cheese. Sausage Strata...Spicy chicken sausage, caramelized sweet onions, red and green peppers, cheddar cheese.

Veggie Strata...Spinach, mushrooms, sun-dried tomatoes, mozzarella cheese.

All Stratas serve 12 people (add a fruit tray and biscuits for a full meal!)

LUNCH/DINNER

Sandwich Platters

All sandwich platters served buffet style with a mixed field green salad with

Chicken Salad Sandwich- Bleu cheese, turkey bacon & fresh basil tossed with a tamari gioli, lettuce, and tomato on a whole wheat bun.

Chicken Club Wrap- Grilled chicken breast, crisp turkey bacon, cheddar cheese, lettuce, tomato, and chipotle aioli wrapped in a sun-dried tomato tortilla

Turkey Meatloaf Sandwich- Thick sliced and grilled, topped with melted cheddar cheese and served with lettuce and tomato on a whole wheat bun.

Oven Fried Green Tomato BLT- Crisp turkey bacon, oven fried green tomatoes, lettuce, cashew-jalapeno relish, and goat cheese on a

Black Bean Burger- Housemade patty, white cheddar cheese, lettuce, tomato, chipotle on a whole wheat bun.

3B Chicken Sandwich- Bleu cheese, bacon & basil on grilled chicken breast with lettuce, tomato, and tamari gioli on a whole wheat bun.

Angel Burger- Veggie and grain patty with lettuce, tomato, and roasted red pepper mustard on a whole wheat bun.

Very Berry Chicken Wrap- grilled chicken, strawberries, feta cheese, candied walnuts, dried cranberries, and organic field greens tossed in a raspberry vinaigrette dressing and wrapped in a spinach tortilla.

Roasted Portobello and Veggie Wrap- balsamic roasted vegetables with organic field greens and goat cheese all wrapped in a sundried tomato basil tortilla.

Not Your Mama's Pimiento Cheese Sandwich- a fresh spin on a Southern Classic with fresh basil, diced tomatoes, feta cheese, and Serrano peppers topped with crisp turkey bacon, lettuce, and tomato on a whole wheat bun.

Salads

Includes a fluffy flying biscuit with our famous cranberry apple butter. Served individually or buffet style.

Warm Chicken Salad- Grilled chicken breast, oven-roasted rosemary potatoes, and crumbled bleu cheese on a bed of field greens with balsamic vinaigrette.

BLT Salad- Fried green tomatoes, crisp turkey bacon, cashewjalapeno relish, and goat cheese on a bed of field greens served with balsamic vinaigrette.

Glazed Salmon Salad-Pan sautéed salmon filet cooked to medium rare, oven-roasted rosemary potatoes, red onions, and feta cheese on a bed of field greens with balsamic vinaigrette. Additional \$3 per person

Chicken Salad "Salad"- Rustic Chicken Salad served on a bed of field greens with tomato and red onion. Served with balsamic

Very Berry Chicken Salad- organic field greens, fresh strawberries, feta cheese, candied walnuts, and dried cranberries served with grilled chicken and rasperry vinaigrette dressing.